



Friday, March 4 · 8:00pm - 10:00pm

\$15 in advance/\$18 at the door

**1st hour Prana Flow Yoga lead by Michelle Cormack pranafied with
The Kirtaniyas live music, plus the 2nd hour Kirtan/Chanting**

For more info and tickets, contact 5 Elements Yoga & Pilates Brampton
at 905-451-9642 or at info@5elementsyoga.com

www.5elementsyoga.com www.kirtaniyas.com